

HarmOni Martial Arts

Hanover Class Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday (Mornings)
Little Ninjas Ages: 6&7 4:00-4:30	Rising Phoenix Orange-Green Ages: 8-13 4:00-4:45	Little Ninjas Ages: 6&7 4:00-4:30	Rising Phoenix Orange-Green Ages: 8-13 4:00-4:45	Tiny Typhoons Ages: 3-5 4:00-4:30	Private Lessons Available
Wandering Samurai White-Orange Ages: 8-13 4:30-5:15	Tiny Typhoons Ages: 3-5 4:45-5:15	Wandering Samurai White-Orange Ages: 8-13 4:30-5:15	Tiny Typhoons Ages: 3-5 4:45-5:15	Wandering Samurai White-Orange Ages: 8-13 4:30-5:15	By Appointment Only
Rising Phoenix Orange-Green Ages: 8-13 5:15-6:00	Legendary Dragons Green-Jr. Black Ages: 8-13 5:15-6:00	Rising Phoenix Orange-Green Ages: 8-13 5:15-6:00	Legendary Dragons Green-Jr. Black Ages: 8-13 5:15-6:00	Phoenix/Dragons Orange-Jr. Black Ages: 8-13 5:15-6:00	By Appointment Only
Legendary Dragons Green-Jr. Black Ages: 8-13 6:00-6:45	Little Ninjas Ages: 6&7 6:00-6:30	Legendary Dragons Green-Jr. Black Ages: 8-13 6:00-6:45	Little Ninjas Ages: 6&7 6:00-6:30	Advanced Adults Class Green- Black Ages: +14 6:00-6:45	By Appointment Only
Fitness Kickboxing Adults 14+ 7:00-7:45	Wandering Samurai White-Orange Ages: 8-13 6:30-7:15	Fitness Kickboxing Adults 14+ 7:00-7:45	Wandering Samurai White-Orange Ages: 8-13 6:30-7:15	By Appointment Only	By Appointment Only
	Interm/Adv Adults Class Purple-Black Ages: +14 7:15-8:00		Interm/Adv Adults Class Purple-Black Ages: +14 7:15-8:00	By Appointment Only	By Appointment Only
	Basic Adults White-Purple Ages: +14 8:00-8:45		Basic Adults White-Purple Ages: +14 8:00-8:45		Introductory Lesson 2 nd Date: _____ Time: _____

*Everyone's Got Internal Demons,
Learn how to Train yours*
Classes Subject to Change